

Updated 3/21/2008

Chef	Business Name	Address	Phone	Serving Food Styles	Areas Served	Email and Web Site
Chris McIntyre	Simply Scrumptious	3917 Plainsfield Sacramento, CA 95821	916.214.9629	Home style, comfort foods, baked goods, small dinner parties, holiday meals, special diets	sacramento area, carmichael, fair oaks, placer & eldorado counties	Chrismac1@surewest.net
Eddi Quiggle	Food By Design	904 Fairview Drive Woodland, CA 95695	530.867.7184	Gourmet, healthy, small dinner parties, special events	Davis and Sacramento, Woodland and Yolo County areas	quiggs@sbcglobal.net
Jaylyn Marvin	Personal Chef By Jaylyn	2046 Idaho Ave. South Lake Tahoe, CA 96150	530.721.1547	Comfort food, healthy, low fat, special diets	Placer and El Dorado Counties, Tahoe Area, Reno and Carson Valley	jlmartin@sbcglobal.net www.personalchefbyjaylyn.com
Nancy Fischer	Personal Chef Services By Nancy Fischer	6722 Thunderhead Circle Orangevale, CA 95662	916.212.1460	Home style cooking, vegetarian, vegan, specialty diets including weight loss, catering small dinner parties and special occasions	Orangevale, Citrus Heights, Carmichael, Fair Oaks, Gold River, Granite Bay, Auburn, Roseville areas	nancyf@cwo.com
Sam Springs	At Your Request	3089 N. Tracy Blvd. , #313 Tracy, CA 95376	209.914.6501	special diets, in-home cooking instruction, Culinary Inspiration dinner parties	San Joaquin and Stanislaus Counties	atyourrequestpcs@comcast.net
Valerie Perry	Home Plate Personal Chef Service	2050 Sobre Vista Dr. Meadow Vista, CA 95722	530.305.2141	Asian (Japanese, Chinese, Thai), Italian, Mexican, Middle Eastern, Indian, Comfort foods, Vegetarian, Dinner Parties (sit down up to 8), Demonstrations and Cooking lessons	Placer and Sacramento Counties	homeplatepcs@yahoo.com www.mychefsite.com/homeplatepcs